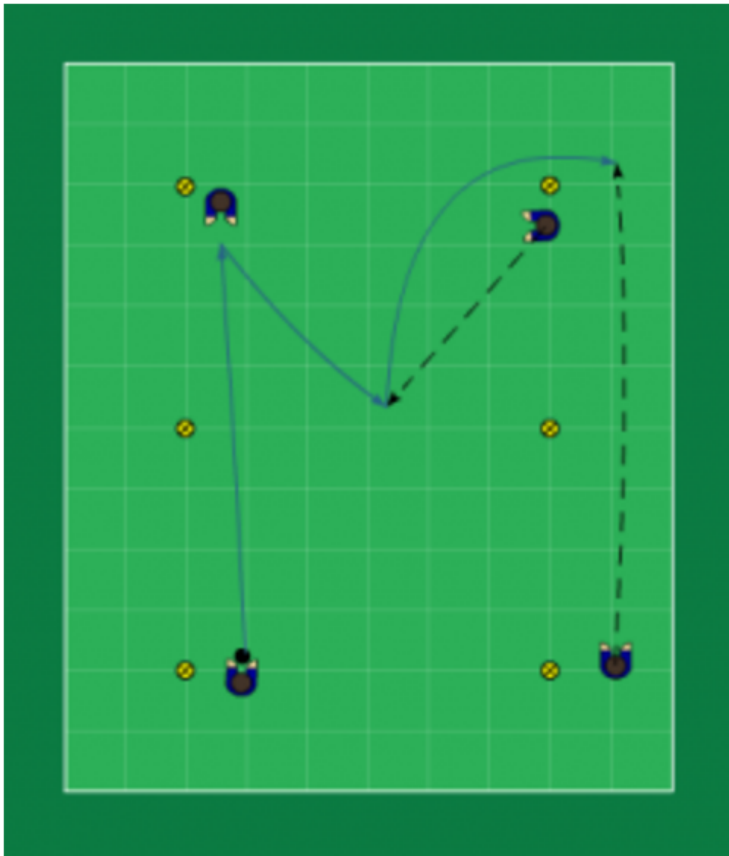


COMBINATION PLAY – Supporting Runs from Full-Back



Attacking play

Runs

PP: Combination Play - Supporting Runs from Full-Back

(For field players only)

Duration: 15 min

Organisation:

- 20m x 15m grid

Learning:

- Cue of fullback making forward runs
- Creating the space out wide
- Playing in wide option to exploit the space
- Communication between the key players

Instruction points:

- Passing pattern as shown and other variations

Variations:

- 1) No defenders
- 2) Double up cones to have passive defenders
- 3) End with a shot on goal



Attacking play

Runs

PG: Combination Play - Supporting Runs from Full-Back

(For field players only)

Duration: 20 min

Organisation:

- 40m wide x 30m

- 3v3 + 4 wide players (2 on each end)

Learning:

TEAM TASK

As often as possible exploit the wide areas using your fullbacks

Instruction points:

PLAYERS TASKS

- 1) #2/5, get into position to support play high up field
- 2) #7/11, get into position to support the ball and create space out wide
- 3) All, identify when to exploit space out wide



Attacking play

Runs

GT: Combination Play - Supporting Runs from Full-Back

(For field players and goalkeepers)

Duration: 20 min

Organisation:

- Half Pitch
- Goals on half way line
- 1-4-2 v 2-3-3 formation

Learning:

TEAM TASK

As often as possible exploit the wide areas using your fullbacks

Instruction points:

PLAYERS TASKS

- 1) #2/5, get into position to support play high up field
- 2) #7/11, get into position to support the ball and create space out wide
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Attacking play

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